# FREMTIDEN FOR KUNSTIG INTELLIGENS I GI ENDOSKOPI -

VEN ELLER FJENDE?

MENNESKET VERSUS MASKINEN?

S. Meisner September 2022

### ARTIFICIAL INTELLIGENCE

• The term artificial intelligence (AI) was first introduced in the 1950s and refers to the application of computers to perform complex tasks, such as solving problems and making nuanced decisions, that have traditionally been associated with human intelligence.

### MACHINE LEARNING

 Machine learning (ML) lies at the crux of the most modern AI and encompasses algorithms on a wide spectrum from "supervised" to "unsupervised" learning.



### UPPER ENDOSCOPY

- Barrett's Esophagus
  - Identification of early neoplasia
  - Identify optimal biopsy site
  - Live endoscopic assistance
- Esophageal CancerIdentify esophageal SCC

- H. Pylori Infection
  - Differentiate gastric atrophy and intestinal metaplasia
  - Identify H. Pylori related inflammation
- Gastric Cancer
  Differentiate cancerous and noncancerous gastric tissue
  Determine gastric cancer invasion depth

### COLONOSCOPY

- Colorectal Cancer
  Bowel Preparation Assessment
  Adenoma Detection
- Live Endoscopy Assistance

- Ulcerative Colitis
  - Determine severity of disease
  - Identify disease ares

# CAPSULE ENDOSCOPY

- Obscure GI Bleeding
  Identify source of small bowel bleeding
  Identify mucosal erosions, ulcers, small bowel angioectasia
  Reduction in time to interpret WCE reports
- Celiac Disease
  - Detection of villous atrophy

# UPPER ENDOSCOPY

### BARRETT'S ESOPHAGUS (BE)

- BE is the primary risk factor in the development of esophageal adenocarcinoma, which is associated especially with poor survival.
- Screening for BE and early esophageal adenocarcinoma is challenging, as evidenced by the fact that only 1 in 10 cases of esophageal adenocarcinoma are diagnosed within a screening program.
- An Al-enabled aid that can assist in the detection of neoplastic changes in BE has been a focus of Al research and has the potential to improve clinical outcomes.

### BARRETT'S ESOPHAGUS (BE)

 The first true real-time application of a deep learning model to identify early neoplastic BE was published by Ebigbo et al in 2020 and deployed their previously developed CNN during live endoscopy to accurately identify cases of neoplastic BE with an accuracy of 89.9%, similar to that of expert endoscopists.

CNN convolutional neural network

# Real-time use of artificial intelligence in the evaluation of cancer in Barrett's oesophagus

Alanna Ebigbo <sup>1</sup> Robert Mendel,<sup>2,3</sup> Andreas Probst,<sup>1</sup> Johannes Manzeneder,<sup>1</sup> Friederike Prinz,<sup>1</sup> Luis A de Souza Jr.,<sup>4</sup> Joao Papa,<sup>5</sup> Christoph Palm,<sup>2,3</sup> Helmut Messmann<sup>1</sup>

Ebigbo A, et al. Gut 2020;69:615–616. doi:10.1136/gutjnl-2019-319460

Real-time automated diagnosis of precancerous lesions and early esophageal squamous cell carcinoma using a deep learning model (with videos)

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Conclusions: A deep learning model demonstrated high sensitivity and specificity for both endoscopic images and video datasets. The real-time CAD system has a promising potential in the near future to assist endoscopists in diagnosing precancerous lesions and ESCCs. (Gastrointest Endosc 2020;91:41-51.)

The yellow color indicates high possibility of a cancerous lesion, and the blue color indicates a noncancerous lesion.

When CAD detects any pre- cancerous lesion or early ESCC, the lesion of interest is covered with color

Original Endoscopy Image Frames Under NBI **Detection Neural Network** Upsample Upsample Conv Conv Upsample Upsample Conv Conv Conv Conv Conv D Conv D Conv D Conv D Conv Conv Conv Conv\_D Conv\_D Conv\_D Conv\_D Conv Maxpool Maxpool Maxpool Conv D Conv D Maxpool **Probability Map** Reporting on Monitor



#### **Demonstration of CAD for lesion with**

irregular cornification

(non-magnifying video)

## H. PYLORI INFECTION

 H. pylori infection plays a central role in the pathobiology of gastric cancer; it induces atrophic gastritis and intestinal metaplasia, eventually resulting in development of gastric cancer.

# H. PYLORI INFECTION

Table 1. Baseline characteristics according to data set.		
Characteristics	Development data set	Test data set
No. of images	98,564	23,699
No. of endoscopists	33	13
No. of patients	5236	847
H. pylori status, No. (%)		
positive	742 (14)	70 (8)
negative	3649 (70)	493 (58)
eradicated	845 (16)	284 (34)



### H. PYLORI INFECTION



#### **Study Highlights**

#### WHAT IS KNOWN

- Endoscopy is frequently performed for evaluation of *H. pylori*associated diseases.
- Evaluation of *H. pylori* at the time of endoscopy requires gastric biopsies as endoscopic impression alone is inaccurate.

#### WHAT IS NEW HERE

The Computer-Aided Decision Support System was developed to evaluate for *H. pylori* infection based on endoscopic images.

#### **TRANSLATIONAL IMPACT**

CNN may potentially replace gastric biopsies in patients undergoing evaluation for *H. pylori*-associated diseases.

### EARLY GASTRIC CANCER (EGC)

- 3170 gastric cancer and 5981 benign images were collected to train the DCNN to detect EGC. A total of 24549 images from different parts of stomach were collected to train the DCNN to monitor blind spots.
- The DCNN identified EGC from non-malignancy with an accuracy of 92.5 %, a sensitivity of 94.0 %, a specificity of 91.0%, a positive predictive value of 91.3%, and a negative predictive value of 93.8 %, outperforming all levels of endoscopists.

deep convolution neural network (DCNN)

# EARLY GASTRIC CANCER (EGC)

- A: The displayed normal mucosa, superficial gastritis, and mild erosive gastritis were predicted to be nonmalignant by the DCNN with confidence levels of 0.98, 0.95, and 0.91, respectively.
- B: The mucosal images from EGC type 0-Ila, 0-Ilb, and 0-Ilc were predicted to be malig- nant by the DCNN with confidence of 0.86, 0.82, and 0.89, respectively.
- C: Cancerous regions were indicated in the images from b after estab- lishing class activation maps (CAMs). The color depth of the CAMs was positively correlated with the prediction confidence.





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# - BOWEL PREPARATION ASSESSMENT

- A novel artificial intelligence system for the assessment of bowel preparation
- Results: ENDOANGEL achieved 93.33% accuracy in the human-machine contest with 120 images, which was bet- ter than that of all endoscopists. Moreover, ENDOANGEL achieved 80.00% accuracy among 100 images with bub- bles. In 20 colonoscopy videos, accuracy was 89.04%, and ENDOANGEL continuously showed the accumulated percentage of the images for different BBPS scores during the withdrawal phase and prompted us for bowel preparation scores every 30 seconds.
- Conclusions: We provided a novel and more accurate evaluation method for bowel preparation and developed an objective and stable systemdENDOANGELdthat could be applied reliably and steadily in clinical settings.
- (Gastrointest Endosc 2020;91:428-35.)

# COLONOSCOPY - BOWEL PREPARATION ASSESSMENT



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# COLONOSCOPY - BOWEL PREPARATION ASSESSMENT



Real-time scoring ratio with Boston Bowel Preparation Scale

> Score every 30 seconds 00:00



# COLONOSCOPY - ADENOMA DETECTION

# Efficacy of Real-Time Computer-Aided Detection of Colorectal Neoplasia in a Randomized Trial

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Gastroenterology 2020;159:512-520

#### Efficacy

#### of Real-Time Computer-Aided Detection of Colorectal Neoplasia in a Randomized Trial



The use of a Real-time Computer-Aided Detection for detection of colorectal polyps resulted in a 30% increase of the Adenoma Detection Rate -ADR-

## Gastroenterology

# COLONOSCOPY - ADENOMA DETECTION

 In conclusion, we showed the safety and efficacy of integrating CADe in real-time colonoscopy. The substantial improvement of ADR and APC without increasing the removal of non-neoplastic lesions is likely to improve the quality of colonoscopy without affecting its efficiency.

#### WHAT YOU NEED TO KNOW

#### BACKGROUND AND CONTEXT

Deep learning systems allow for real-time computer-aided detection (CADe) of polyps with high-accuracy, but these systems have not been tested in randomized trials.

#### **NEW FINDINGS**

In randomized trial, inclusion of CADe in colonoscopy significantly increased adenoma detection rates and adenomas detected per colonoscopy, without increasing withdrawal time. Higher proportions of adenomas smaller than 5 mm and 6–9 mm were detected with CADe, regardless of morphology or location.

#### LIMITATIONS

This study was performed in an expert setting; studies are needed for inexperienced endoscopists.

#### IMPACT

Including CADe in colonoscopy examinations increases detection of adenomas without affecting safety.

# COLONOSCOPY – ULCERATIVE COLITIS

#### JAMA Network Open...

#### Original Investigation | Gastroenterology and Hepatology Performance of a Deep Learning Model vs Human Reviewers in Grading Endoscopic Disease Severity of Patients With Ulcerative Colitis

Ryan W. Stidham, MD, MS; Wenshuo Liu, PhD; Shrinivas Bishu, MD; Michael D. Rice, MD; Peter D. R. Higgins, MD, PhD; Ji Zhu, PhD, MSc; Brahmajee K. Nallamothu, MD, MPH; Akbar K. Waljee, MD, MSc

JAMA Network Open. 2019;2(5):e193963.





#### **Key Points**

**Question** What is the agreement of automatically determined endoscopic severity of ulcerative colitis using deep learning models compared with expert human reviewers?

Findings In this diagnostic study including colonoscopy data from 3082 adults, performance of a deep learning model for distinguishing moderate to severe disease from remission compared with multiple expert reviewers was excellent, with an area under the receiver operating curve of 0.97 using still images and fullmotion video.

**Meaning** Deep learning offers a practical and scalable method to provide objective and reproducible assessments of endoscopic disease severity for patients with ulcerative colitis.

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# COLONOSCOPY – ULCERATIVE COLITIS

Automatic, computer-aided determination of endoscopic and histological inflammation in patients with mild to moderate ulcerative colitis based on red density

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Bossuyt P, et al. Gut 2020;69:1778–1786. doi:10.1136/gutjnl-2019-320056



**Figure 2** Visual representation of the different modifications in a sample endoscopic image: (A) standard white light high definition endoscopic image; (B) original colour map of the red density image; (C) colour map of the red density image after adapted range setting; (D) image with vascular pattern detection; (E) colour map of the red density after vascular pattern extraction.

#### Significance of this study

What is already known on this subject?

- Assessment of disease activity is subjective and leads to interobserver variability.
- Endoscopic scores are useful as treatment target if they are objective and predictive for further disease course.
- Regulatory authorities request a combined endpoint of endoscopic and histological remission for the claim of mucosal healing

#### What are the new findings?

- Red density (RD) is an operator-independent computer-based tool to determine disease activity in patients with UC.
- RD assesses disease activity based on evaluation of the redness map and vascular pattern recognition.
- RD scores correlated with endoscopic and histological features of UC activity.

# How might it impact on clinical practice in the foreseeable future?

- This algorithm might be used for computer analysis of digital endoscopic images from patients with UC and evaluate healing or disease progression in an objective way.
- Larger, prospective studies are ongoing to confirm its accuracy and predictive value.

### COLONOSCOPY – ULCERATIVE COLITIS

### Development and Validation of a Deep Neural Network for Accurate Evaluation of Endoscopic Images From Patients With Ulcerative Colitis

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Gastroenterology 2020;158:2150-2157



# COLONOSCOPY – ULCERATIVE COLITIS

#### WHAT YOU NEED TO KNOW

#### BACKGROUND AND CONTEXT

Endoscopic assessment of ulcerative colitis (UC) is hindered by intra- and interobserver variability, and histologic evaluation requires biopsy collection, which is invasive.

#### **NEW FINDINGS**

The authors developed a deep neural network for evaluation of endoscopic images from patients with UC (DNUC). It identified patients in endoscopic and histologic remission without the need for biopsy analysis.

LIMITATIONS

This system requires testing in a larger population.

#### IMPACT

The DUNC might identify patients with UC in remission without the need for biopsy collection and analysis, saving time and costs.



#### **Original Article**

# Clinical usefulness of a deep learning-based system as the first screening on small-bowel capsule endoscopy reading

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Background and Aim: To examine whether our convolutional neural network (CNN) system based on deep learning can reduce the reading time of endoscopists without oversight of abnormalities in the capsule-endoscopy reading process.

Conclusions: Our CNN-based system for capsule endoscopy videos reduced the reading time of endoscopists without decreasing the detection rate of mucosal breaks. However, the reading level of endoscopists should be considered when using the system.

#### Ulcer severity grading in video capsule images of patients with Crohn's disease: an ordinal neural network solution

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Ramat Gan, Tel Hashomer, Israel

The aim of our study was to develop a deep learning algorithm for auto- mated grading of CD ulcers on CE.

Conclusions: CNN achieved high accuracy in detecting severe CD ulcerations. CNN-assisted CE readings in patients with CD can potentially facilitate and improve diagnosis and monitoring in these patients.



(Gastrointest En- dosc 2021;93:187-92.)

Celiac disease diagnosis from videocapsule endoscopy images with residual learning and deep feature extraction

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Computer Methods and Programs in Biomedicine 187 (2020) 105236

Conclusions: A novel deep learning recalibration module, with global response and local salient factors is proposed, and it has a high potential for utilizing deep learning networks to diagnose celiac disease using VCE images.

## ARTIFICIAL INTELLIGENCE - GASTROENTEROLOGY AND HEPATOLOGY

# Machine Learning in Gl Radiology

#### Hepatology

- · Identification of liver disease
- Determine fibrosis stage
- Identify Liver Lesions
- Differentiate benign vs malignant lesions

#### Pancreatology

- Identification of intraductal papillary mucinous neoplasms
  Identification and staging of pancreatic cancer
- Diagnosis of pancreatic ductal adenocarcinoma
- Quantify degree of intrapancreatic fat



#### Machine Learning in Gl Pathology

#### Luminal G

Diagosis of Celiac Disease
Classify Colorectal Polyps
Diagnosis of Barrett's Esophagus

#### <u>Hepatology</u>

- Diagnosis of NAFLD and NASH
- Identification of NAFLD
- Identification of specific histologic features such as macrosteatosis
- Determine degree of fibrosis
- Predict treatment response in NASH



#### **GI Malignancy**

- Survival prediction in colorectal cancer
- Identification of microsatellite instability
- Identification of Esophageal Adenocarcinoma
- Differentiation between HCC and Cholangiocarcinoma
- Predict prognosis and survival in HCC

# Machine Learning in Gl Electronic Health Record Data



Celiac Disease Colorectal Cancer Esophageal Varices Non-alcoholic Fatty Liver Disease

#### **Outcome Prediction**

Acetaminophen Overdose Esophageal Cancer Hepatocellular Carcinoma Inflammatory Bowel Disease Liver Transplant Survival Lower Gl Bleeding Pancreatitis Peptic Ulcer Bleeding Primary Sclerosing Cholangitis

#### The GI Practice of the Future

#### Post-Hospital Care

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Post-hospital dicharge vital sign monitoring

• Remote monitoring of labs, such as hemoglobin after endoscopy

• Monitor voice patterns for signs of hepatic encephalopathy

#### Virtual GI Clinic

Virtual clinic visits

• Home based diagnostic testing (ascites measurements, virtual capsule endoscopy)

 Virtual Reality therapies for functional disorders

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### FREMTIDEN...?

- Er Al-drevne algoritmer "medicinsk udstyr"?
- Skal brugen af Al reguleres af Sundhedsstyrelsen?
- Hvem er ansvarlig for nøjagtigheden af Al-baserede algoritmer
- Hvem holdes ansvarlig, når fejl uundgåeligt opstår som følge af disse modeller.

### FREMTIDEN...?

- Der er et presserende behov for randomiserede forsøg og omfattende ekstern validering af udviklede algoritmer i forskellige populationer for at afbøde iboende skævheder
- Selvom mange af de ovenfor beskrevne Al algoritmer ser ud til at være enestående, må man forvente, at det ikke er tilfældet i den virkelige verden.

